
HANDOUT

5.3. Empathy Busters

SCENARIOS

- You have won a prize that you weren't expecting.
- You reached out to hug someone who turned away.
- Your goldfish died.
- You saw yourself on TV.
- Your friend just pointed out that you have something stuck in your teeth and it's been there since breakfast!
- You found ants all over a treat you had saved for later.
- A person in your class has got a gadget that you have really wanted for a long time.
- You won't have access to social media or games for days.